

Early Childhood Family Resources

At-Home Online Activities (New for 04/24)			
Resource	Website Link	About	Ages
Abdo Digital	https://abdodigital.com	eBooks in English and Spanish	Multi-Age
After School Alliance	https://boostcafe.org/resource-center/	Links to a variety of resources	Multi-Age
Art Education Partnership	https://www.metmuseum.org/art/online-features/metkids	Online art related activities	Multi-Age
Explore	https://explore.org/livecams/currently-live/decorah-eagles	Live animal webcams	Multi-Age
Knowbuddy resources	http://virtual.knowbuddyresources.com/preview/browse#QV077	eBooks in English and Spanish	Multi-Age
National Association for the Education of Young Children- NAEYC	Message in a Backpack	Tips and ideas to share with families about supporting preschool age children's learning at home	Preschool
Playbill	https://www.playbill.com/article/12-theatre-related-online-resources-for-kids-and-families-to-get-you-through-covid-19	Theatre-related activities	Multi-Age
PBS Kids YouTube Channel	https://www.youtube.com/channel/UCrNnk0wFBnCS1awGjq_ijGQ/featured	Read along videos	Multi-Age
PBS Kids	https://why.org/articles/social-distancing-with-the-kids-why-offering-expanded-educational-programming-on-pbs/	Social distancing with children	Multi-Age
Vooks	https://www.vooks.com/parent-resources	Read aloud animated storybooks - 1 month free.	Multi-Age

How to Talk to Children about COVID-19 (New for 04/24)			
Resource	Website Link	About	Ages
Autism Speaks	https://www.autismspeaks.org/expert-opinion/talking-your-child-about-tragedy-six-tips-autism-community	Talking to your child with	Multi-Age

	https://www.autismspeaks.org/sites/default/files/flu_teaching_story_final%20%281%29.pdf	autism about tragedy. eBook about illnesses.	
Colegio Oficial la Psicología de Madrid	https://www.copmadrid.org/web/publicaciones/rosa-contra-el-virus-cuento-para-explicar-a-los-ninos-y-ninas-el-coronavirus-y-otros-posibles-virus	Spanish ebook about COVID-19	Multi-Age
Generations United	https://www.gu.org/app/uploads/2020/03/COVID-19-Fact-Sheet-3-17-20.pdf	COVID-19 fact sheet for multi-generational families	Multi-Age
Positive Parenting	https://positiveparentingnews.org/news-reports/talking-to-kids-about-coronavirus/	Video resource about talking with children about COVID-19	Multi-Age

Community Resources (New for 04/24)		
Resource	Website Link	About
Mental Health:		
CASEL CARES	https://casel.org/resources-covid	Social emotional resource
Mental Health America	https://mhanational.org/mental-health-month	Mental health toolkit on topics such as finding the positive and connecting with others.
Yale University	https://covid.yale.edu/resources/cscrecs/	Family resources and suggestions for coping with COVID-19.
University of DE-DE PBS Project	http://wh1.oet.udel.edu/pbs/resources-for-families/	Positive behavior and learning at home.
Basic Needs:		
Free Diapers	https://nationaldiaperbanknetwork.org/member-directory/	Diaper bank
NPR	https://www.npr.org/sections/health-shots/2020/04/12/832269202/no-you-dont-need-to-disinfect-your-groceries-but-here-s-to-shop-safely?utm_source=npr_newsletter&utm_medium=email&utm_content=20200419&	Disinfecting groceries

	utm_term=4529488&utm_campaign=health&utm_id=27342895&orgid=358	
State and Federal COVID-19 Resources:		
Benefits.gov	https://www.benefits.gov/help/faq/Coronavirus-resources	Variety of federal government benefits information
2020 Census	Learn more about Census Bureau adjustments due to COVID-19	2020 Census COVID-19 adjustments
	Nickelodeon	Videos, flyers, and social media tools
	Statistics in Schools	Resources that can be used for at-home and distance learning.
	Sesame Street	PSAs, flyers, and worksheets.
IRS	https://www.irs.gov/coronavirus-tax-relief-and-economic-impact-payments	COVID-19 tax relief and economic impact payments
	www.irs.gov/coronavirus/non-filers-enter-payment-info-here	How to access stimulus checks without having filed taxes

At-Home Online Activities			
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New Resource as of 04/17: Live Animal Cameras at Zoos and Aquariums	https://www.montereybayaquarium.org/animals/live-cams https://kids.sandiegozoo.org https://zooatlanta.org/panda-cam/ https://www.houstonzoo.org/explore/webcams/ https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/	Explore a virtual field trip with live animal cameras (pandas, beluga whales, tigers and much more).	Multi-Age

New Resource as of 04/10: Brain POP	https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/	4-minute video, activities, and games	Multi-Age
New Resource as of 04/10: Center for Disease Control-CDC	Handwashing: a family activity	How to make hand-washing fun.	Multi-Age
New Resource as of 04/17: Center on the Developing Child at Harvard University	https://developingchild.harvard.edu/resources/covid-19-resources/	Activities, parent and caregiver guidance, and other resources.	Multi-Age
Child Care Aware of America	https://www.childcareaware.org/brain-building-resources/	Activities on brain building moments	Infant - Preschool
New Resource as of 04/17: Cox Campus	https://www.coxcampus.org/pop-up-early-learning/	Free pop-up early learning classes with recreations of parts of a preschool day to do with your preschooler.	Preschool
New Resource as of 04/17: Dallas Independent School District	https://sites.google.com/dallasisd.org/athomelearningplans/elementary-school-students	At home weekly lesson plans in English and Spanish	Preschool-Multi-Age
Early Childhood Learning Knowledge Center - ECLKC	https://eclkc.ohs.acf.hhs.gov/parenting/article/fun-learning-parents-children-activities-handbook	Activity Handbook	Preschool
Ed Surge	https://www.edsurge.com/news/2020-03-17-how-to-keep-school-rhythm-and-routines-for-young-children-at-home	At home activities	Toddler-Preschool
New Resource as of 04/10: Fred Rogers Productions	https://www.fredrogers.org/coronavirus/	Virtual events, activities and social initiatives	Preschool
New Resource as of 04/17: Imagination Library: Goodnight with Dolly	https://imaginationlibrary.com/goodnight-with-dolly/	Bedtime stories with Dolly Parton	Multi-Age
New Resource as of 04/10: International Children's Digital Library	http://www.childrenslibrary.org/icdl/SimpleSearchCategory?ids=84&pnum=10&cnum=1&text=&lang=English&ilangcode=en&ilang=English&langid=11	Online books in various languages	Toddler - Age 13

Lakeshore	https://www.lakeshorelearning.com/resources	Crafts and activities	Multi-Age
National Afterschool Association- NASA	https://activityworks.com/at-home/	At home physical activities	School Age
National Association for the Education of Young Children- NAEYC New Resource as of 04/17: Week of the Young Child activities	https://www.naeyc.org/our-work/families/10-prop-box-ideas-mini-learning-centers-home https://www.naeyc.org/events/woyc/plan-your-event	Prop box ideas At-home activities	Infant - Preschool
New Resource as of 04/17: National Head Start Association (NHTA)	https://www.nhsa.org/educational-resources-learning-home	Learning at home.	Preschool
New York City- Dept. of Education	https://www.schools.nyc.gov/learning-at-home/activities-for-students/additional-resources	A variety of books, magazines, and websites	Birth - Age 8
New Resource as of 04/10: PBS	How to Talk to Your Kids About Coronavirus	Includes a list of videos, games, and activities about handwashing and staying healthy	Multi-Age
QT30- DE Thrives	https://dethrives.com/qt-30	At home activities	Multi-Age
New Resource as of 04/10: Khan Academy Kids	https://learn.khanacademy.org/khan-academy-kids/	At home activities	Age 2 - Age 7
New Resource as of 04/10: ReadAskChat	https://readaskchat.net/get-the-app/	Free digital library through June 2020 using code 5RVLD4 when registering	Multi-Age
New Resource as of 04/17: PBS	PBS Kids Preschool Learning at Home	Learning at home.	Preschool

Reading Rockets	https://www.readingrockets.org/books/fun	Reading activities	Birth - Age 8
Ready Rosie	https://readyrosie.com/en/healthyathome/	Toolkit for parents	Multi-Age
Sesame Street	https://www.sesamestreet.org/	Games , videos, and art	Preschool
Tinkergarten	https://tinkergarten.com/activities	Outdoor, play-based learning activities	Birth – Age 8
New Resource as of 04/17: United Way of Delaware: Virtual Reading Angels Team	https://www.facebook.com/UnitedWayofDelaware/	Virtual reading through United Way of Delaware	Multi-Age
Vroom	https://www.vroom.org/	Free, science-based tips and tools	Multi-Age
New Resource as of 04/10: Zero to Three	https://www.zerotothree.org/resources/3264-at-home-activity-guide	Tips for play.	Multi-Age

Phone Apps			
Resource	Website Link	About	Ages
Curious Learning	https://www.curiouslearning.org/	Exploration and curiosity activities	Multi-Age
Google	https://play.google.com/store/apps/details?id=earlylearning.kidslearningworld&hl=en_US	ABC, rhymes, numbers, animal names, and fruit names	Preschool - Kindergarten
New Resource as of 04/10:	https://parentingchaos.com/anxiety-apps-kids/ https://www.gonoodle.com	Mental health apps.	Multi-Age

New Resource as of 04/17: Parent Pal	https://apps.apple.com/us/app/parentpal-my-parenting-expert/id1503751071	An all-in-one personal parenting coach, offering tools to take the guesswork out of parenting. Subscription fees waived through June 30, 2020.	Birth - Age 5
Screen Actors Guild-American Federation of Television's SAG-AFTRA Foundation	Actors reading children's books	Steam videos featuring celebrated actors reading children's books alongside creatively produced illustration	Multi-Age
Sesame Street	Sésamo	Games, videos, and activities in Spanish	Preschool
Teaching Strategies Gold	https://teachingstrategies.com/protected/infants-toddlers-twos-learning-games/?mkt_tok=eyJpIjoiTnpJMU1XRmtZVEE0TnpKaCl5InQ5IjoiZUJmWjIhTmV5RjMyZGVsa2Exa2Q5aWtcL2V1eDFrczN4cldoc0s2XC81NElqSVRrTlc4YVgxbkxWdHRyOU5NTTRLMSs1bWhlMlwwR0E2cGt3dk42dXZwM3huN2pGa096Rzk4Q1dyOHpMb0lhN1wvV2RXNIMwemRcl1Q5NDJSVE9UOGNKIn0%3D	At home activities	Infant - Age 2
U.S. Dept. of Education	Talk, Read, and Sing Together Every Day! Tip Sheets for Families, Caregivers aWhatnd Early Learning Educators	Tip sheets with research-based tips for talking, reading, and singing with children	Multi-Age
Vroom	https://app.vroom.org/	Brain building activities	Multi-Age

How to Talk to Children about COVID-19			
Resource	Website Link	About	Ages

Better Kid Care- Penn State University Extension	https://extension.psu.edu/programs/betterkidcare	On-demand trainings and resources	Multi-Age
Child Care Aware of America	https://info.childcareaware.org/coronavirus-updates#parents	Updates on COVID-19 for parents	Multi-Age
Center for Disease Control- CDC	Talking with children about Coronavirus Disease 2019: Messages for parents, school staff, and others working with children	How to have conversations with children on COVID-19	Multi-Age
Child Mind Institute	Talking to Kids About the Coronavirus	Advice on having reassuring COVID-19 conversations	Multi-Age
Early Childhood Learning Knowledge Center - ECLKC	https://eclkc.ohs.acf.hhs.gov/search/eclkc?q=talking+to+children+about+emergencies	Information on dealing with emergencies	Preschool
New Resource as of 04/10: Families Together, Inc.	https://famielstogetherinc.org/navigating-covid-19-when-your-child-youth-has-a-disability/	Resources for children/youth with disabilities	Multi-Age
National Association of School Psychologists	https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19	How to have conversations with children on COVID-19	Multi-Age
National Public Radio-NPR	https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus	How to have conversations with children on COVID-19	Multi-Age
National Traumatic Stress Network	https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019?utm_source=ebulletin&utm_medium=email&utm_campaign=nctsn-ebulletin	Information about the outbreak and learning how to be prepared can reduce stress and help calm likely anxieties	Multi-Age
Parents As Teachers - PAT	https://static1.squarespace.com/static/56be46a6b6aa60dbb45e41a5/t/57eac004c534a59d49feb512/1475002372549/Fact ParentsAsTeachers ImpactonHealth 5 6 15.pdf	Parents health fact sheet	Multi-Age

Sesame Workshop	https://www.sesameworkshop.org/	Dealing with times of uncertainty	Preschool
New Resource as of 04/10: Zero to Three	https://www.zerotothree.org/ https://www.zerotothree.org/resources/series/magic-of-everyday-moments	COVID-19 Tips for Families with children ages birth-3. Videos and articles on improving your child’s social, emotional, and intellectual development through interactions with your baby during everyday moments.	Birth – Age 3

Community Resources		
Resource	Website Link	About
Basic Needs New Resource as of 04/10: Catholic Charities New Resource as of 04/10: First State Community Action Agency New Resource as of 04/17: Delmarva Power	https://www.ccwilm.org/basic-needs/ https://www.firststatecaa.org/services.htm https://www.delmarva.com/SafetyCommunity/Safety/Pages/coronavirus.aspx	Case management services, financial literacy education, budget counseling, job readiness, rent/mortgage/utility assistance, diaper bank, food assistance, and resource and referral services. Emergency services, state rental assistance program, comprehensive case management, and other services COVID-19 information regarding energy/electric services
Food Distribution New Resources as of 04/17 Food Bank:	https://www.fbd.org/ https://www.fbd.org/healthy-pantry-center/	Food distribution site.

<p>New Resource as of 04/10: Catholic Charities</p> <p>New Resource as of 04/10: DE Food Pantries</p>	<p>https://www.fbd.org/program/senior-nutrition/ https://www.fbd.org/program/mobile-pantry/</p> <p>https://www.ccwilm.org/basic-needs/</p> <p>https://www.foodpantries.org/st/delaware</p>	<p>Healthy Pantry Centers located at our Milford and Newark branches.</p> <p>Senior Nutrition program.</p> <p>Mobile Pantry program.</p>
<p>Homeless Families</p> <p>DE Housing Authority-Continuum of Care-CoC</p> <p>New Resource as of 04/17:</p> <p>New Resource as of 04/10: School House Connection</p>	<p>https://www.housingalliancede.org/the-delaware-continuum-of-care</p> <p>https://www.housingalliancede.org/covid-19-resources</p> <p><u>COVID-19 and Homelessness:</u></p> <p>https://www.schoolhouseconnection.org/covid-19-and-early-childhood-homelessness/</p>	<p>The Delaware CoC is a community-based collaborative that ensures a responsive, fair, and just approach to addressing homelessness, and strives to achieve housing for all.</p> <p>Guidance for Schools and Early Learning Programs.</p> <p>Article on ways to protect infants, toddlers and preschoolers experiencing homelessness during COVID-19.</p>
<p>New Resource as of 04/10: Library Services</p>	<p>https://mailchi.mp/c2652059592b/library-services-available-now?e=5e720a66b3</p>	<p>Online library services.</p>
<p>Mental Health</p> <p>New Resource as of 04/17: Delaware Positive Behavior Support</p> <p>New Resource as of 04/10: CDC</p> <p>New Resource as of 04/10: Center for Pyramid Model Innovations</p>	<p>http://wh1.oet.udel.edu/pbs/supporting-positive-behavior-at-home/</p> <p><u>Helping Children Cope with Emergencies</u> https://www.cdc.gov/coronavirus/2019-ncov/daily-life- coping/managing-stress-anxiety.html</p> <p>https://challengingbehavior.cbcs.usf.edu/docs/Pandemic_family_infographic.pdf</p>	<p>Handouts, websites, and videos on supporting positive behavior at home.</p> <p>Coping with emergencies. Managing stress and anxiety.</p> <p>Infographic on helping your child during the pandemic.</p>

<p>New Resource as of 04/10: Child Trends</p>	<p>childtrends.org</p>	<p>Ways to promote children’s resilience.</p>
<p>Delaware Department of Services for Children Youth & Families</p>	<p>https://kids.delaware.gov/pbhs/families-emergency-services.shtml</p>	<p>DE hotline for de-escalation of crisis situation for children under and over 18 years old.</p>
<p>New Resource as of 04/10: Early Childhood Learning Knowledge Center- ECLKC</p>	<p>https://eclkc.ohs.acf.hhs.gov/mental-health/article/mental-health-resources-support-response-recovery</p>	<p>Mental Health Resources- COVID-19 Response and Recovery</p>
<p>New Resource as of 04/10: Holistic Elevation</p>	<p>https://shoutout.wix.com/so/feN4lp2bu?cid=74c227db-735b-4bf0-a570-471ad4769e43#/main</p>	<p>Teletherapy for DE students and their families.</p>
<p>New Resource as of 04/10: Jewish Family Services</p>	<p>https://www.jfsdelaware.org/coronavirus/</p>	<p>Remote access to therapy and case management team. JFS OnCALL, an emotional support hotline free to the community.</p>
<p>New Resource as of 04/10: National Association on Mental Illness</p>	<p>https://www.nami.org/covid-19-guide</p>	<p>COVID-19 Guide</p>
<p>New Resource as of 04/10: National Association of School Psychologists</p>	<p>https://www.nasponline.org</p>	<p>Helping children cope.</p>
<p>New Resource as of 04/10: Prevent Child Abuse DE</p>	<p>Prevent Child Abuse Delaware</p>	<p>Parenting in times of crisis</p>
<p>New Resource as of 04/10: University of Wisconsin-Madison</p>	<p>https://www.waisman.wisc.edu/covid-19/#coping</p>	<p>Coping</p>
<p>New Resource as of 04/10: Zero To Three</p>	<p>https://www.zerotothree.org/resources/3210-tips-for-families-coronavirus</p>	<p>Tips for families including age-appropriate responses to common questions, a guide to self-care, and activities for young children experiencing social distancing.</p>

<p>New Resource as of 04/10: Easterseals</p>	<p>https://www.easterseals.com/de/explore-resources/for-caregivers/easterseals-relative-respite.html</p>	<p>Easterseals Relative Respite Program is a program designed to support grandparents or other relatives who are raising children because the parent is no longer able to do so.</p>
<p>Resource and Referral 211</p> <p>Children and Families First</p> <p>New Resource 04/10: Catholic Charities</p>	<p>https://www.delaware211.org/</p> <p>https://www.cffde.org/newsroom</p> <p>https://www.ccwilm.org/basic-needs/</p>	<p>Connect with nonprofits and agencies in need of support in light of COVID-19.</p> <p>Update on programs and services provided by Children and Families First.</p>
<p>New Resource as of 04/10: Sexual Assault Response Center</p>	<p>https://www.rainn.org/about-national-sexual-assault-telephone-hotline</p>	<p>Teletherapy for those individuals dealing with domestic and/or sexual violence.</p>
<p>Transportation DART</p>	<p>https://dartfirststate.com/</p>	<p>Rider information, schedules, and updates</p>
<p>Unemployment</p> <p>New Resource as of 04/10: Department of Labor</p>	<p>https://ui.delawareworks.com</p>	<p>File for unemployment insurance claim</p>